

# KA1 Embrace Diversity

17-22 October 2022



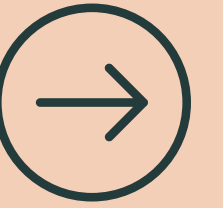


# What is Embrace Diversity?

Embrace comes after the success of **Espolitica project**, a local school of politics for young women.

This is a **Erasmus+ KA1 mobility for Youth Workers** that involves 26 participants across Europe and Morocco taking place in **Santiago de Compostela (Spain) in October 2022.**





*If you see inequality as a  
"them" problem or  
"unfortunate other" problem,  
that is a problem.* ”

-Kimberle Crenshaw,  
Lawyer, civil rights advocate and  
intersectional feminist



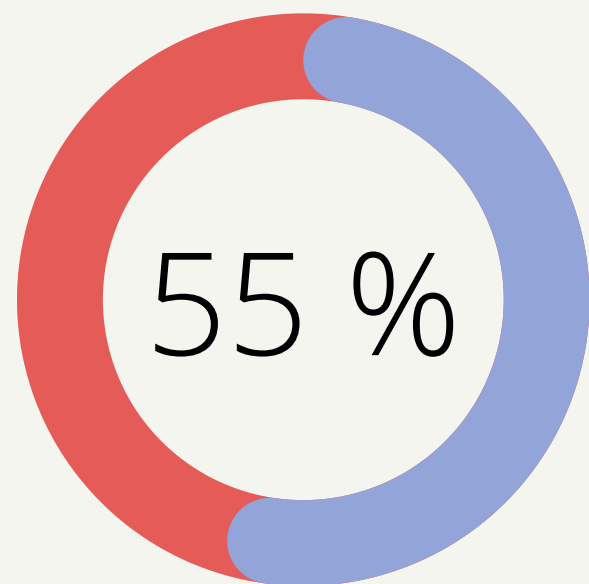


## Gender equality is directly linked to the objectives of Erasmus+ programme



At the European level, the European Commission's framework for action to combat inequalities sets out numerous strategic documents. In particular, the framework of the **European Strategy for Gender Equality** **points** to the intersectionality between gender and other forms of discrimination, and the disproportionate impact of **multiple discrimination on women**.

One of the priorities of Erasmus+ 2021-2027 programme is **inclusion and diversity** through equal access to opportunities.

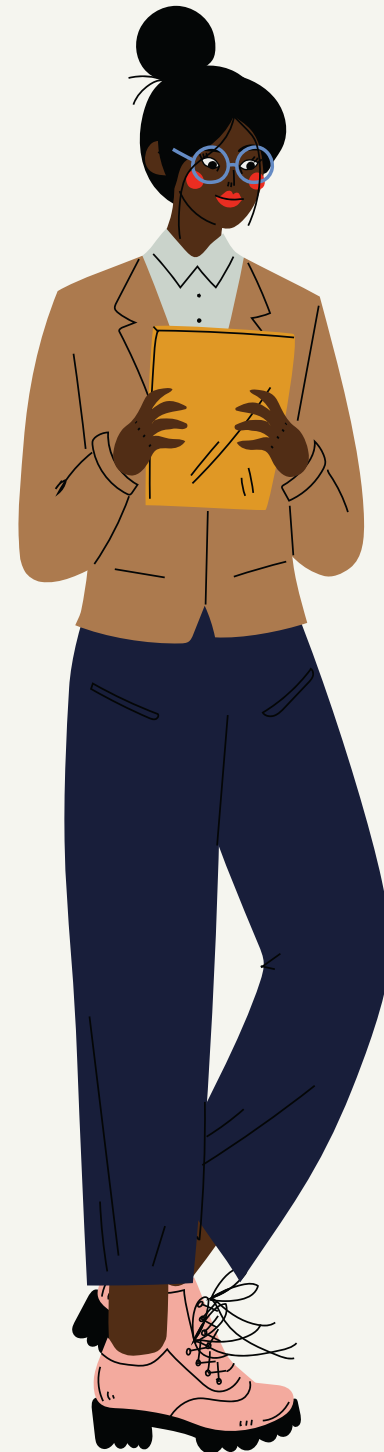


**of women in EU suffered sexual harassment**

Source: European Commission

# Aims of our project

To raise awareness about multiple forms of oppression women have to face with, specially migrants, people with disabilities and LGBTIQ+.



Explore the multiple forms of discrimination of women, specially if they belong to a minority group.

Share inclusive methods and techniques in Youth Work with people in situation of/risk of social exclusion.

Collect good practices of inclusion with the partnership.

To disseminate the results of the mobility project on Social Media

# Participants

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The target group are all Youth Workers currently in active working with youth interested in gender equality and intersectionality.

## Requirements

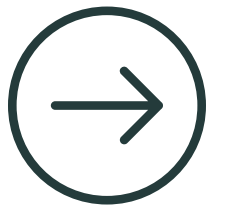
- Active **youth workers, youth leaders and/or teachers**;
- **Fluent in English** language, so they can participate actively in the activities and the dissemination;
- Interested in gender equality, activism, migration and other minority groups;



\*If partners can not involve participants **by 22nd of August 2022**, coordinators will be in charge of it.

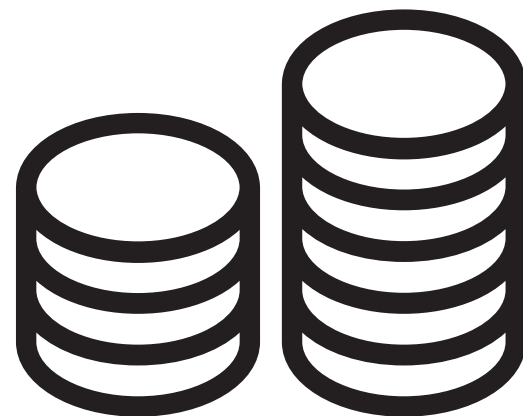


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# Costs

Board, accommodation and subsistence will be covered by the hosting organization during the activity days.



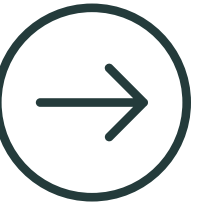
## Maximum travel costs\*

- \* Spain: **23€ (<100km)**
- \* Portugal: **210€**
- \* Morocco, The Netherlands, Italy and Germany: **275€**
- \* Poland, Lithuania, Bulgaria, Austria and Hungary: **360€**
- \* Turkey and Ukraine: **530€**

## Excepcional costs

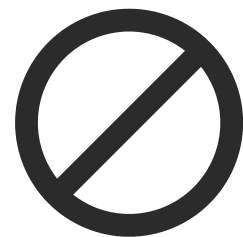
180€ for visa costs to 2 parcipants from Morocco (90€ each).

\*The costs are calculated for 1 participant, but **each partner should send 2 persons.**



# Reimbursement

Reimbursement will be done via bank transfer after the receipt of all travel documents including boarding passes. The tickets should be sent immediately after the activity.



We will **NOT cover** tickets with unnecessary deviations or stops, reservation fees, extra travel insurance or priority boarding fees. Neither travel agencies' fees, taxis private cars shifts, only public transport.





# Where?

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## **Santiago de Compostela, Spain**

Galicia is an autonomous community of Spain located in the northwest of the peninsula. The region has over 1660 km of coastline, including its offshore islands and islets. Two languages are official and widely used today in Galicia: the native Galician, a romance language closely related to Portuguese and Spanish, and Castilian.

# Venue

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**Monte do Gozo hostel** (click [here](#) for further information)

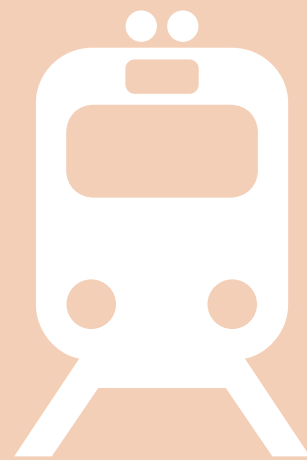
Surrounded by nature, open swimming pools and near by the city.

- **Shared rooms** for 4 pax in buncket beds divided by sex.
- **Breakfast, lunch and dinner included** during the activity days.
- They rent towels for 3€.
- We will provide coffee and some snacks for the breaks.





# How to reach us?



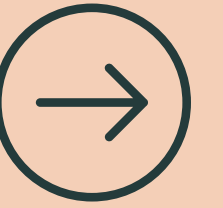
## By train

You can easily reach us by train, coming from A Coruña (30 minutes) or Madrid. (4 hours). The National train company is **RENFE**.



## By bus

There are good connexions by bus from Madrid (**Alsa** company) and from Portugal (**Flixbus**).



# How to reach us?

## By plane

**Santiago de Compostela airport** has direct flights to international destinations like Dublin, Paris, Milán (Bergamo), Bologna, Edinburgh, London Stansted and Gatwick, Memmingen, Frankfurt, Zurich and Basel. Companies are: Iberia, Air Europa, Vueling, Ryanair, Easyjet, Air Lingus. You can then take the **urban bus (L6A)** and stop in **Avenida de San Marcos 18-20**, which is **17 minutes walk** to the venue.

**A Coruña airport** has daily direct flights to/from Madrid and Barcelona, but also weekly flights to/from London, Seville and Bilbao. Companies are: Iberia, Air Europa, Vueling. Taxis (20/25€, 20 minutes away from our office) or bus (every 30 minutes) that drops you off near the bus or train station.



# What to bring with you?

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- **Practical clothes** - the weather in Galicia it's quite unpredictable. Bring clothes for sunny and warm days as well as a raincoat and warm clothes as it can rain a lot (climate of the Atlantic).
- **Practical shoes** for sunny, warm, and rainy weather.
- You will have the opportunity to present your country, its culture, customs and traditions at the international dinner/night. You might want to consider bringing **something typical from your country**.

**Eagerness to learn, positive mood and lots of energy!**

# Draft agenda

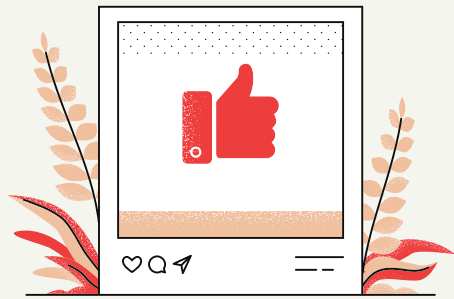
	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6
8:00-9:30h	Arrivals	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:30-11:30h		Icebreaker "Passport of personal boundaries"	Energizer Group dynamic to sensitize about people disabilities	Energizer Interactive presentation	Energizer Group presentations	Youthpass ceremony
11:30-12:00h		Coffee break	Coffee break	Coffee break	Coffee break	Coffee break
12:00-13:30h		Interactive presentation	Interactive presentation	Entities' visit	Tools and methods to work inclusion with	Evaluation
13:30-15:30h		Lunch	Lunch	Lunch	Lunch	Departures
15:30-17:00h		Migrations Workshop	Disabilities Workshop	LGBTQI+ Workshop	Group reflexion	
17:00-18:30h	Introduction of the project	"The privileged wheel"	Teamwork: inclusion and diversity in Erasmus+ Group debate	Guided tour through the city	Intercultural dinner challenge	
18:30-20:00h	Presentations of participants	Entities' visit	Entities' visit			
20:00-21:30h	Dinner	Dinner	Dinner	Dinner		
21:30	Free time	Free time	Free time	Free time	Free time	

\*may have some modifications, depending on participants' feedback.

# Dissemination

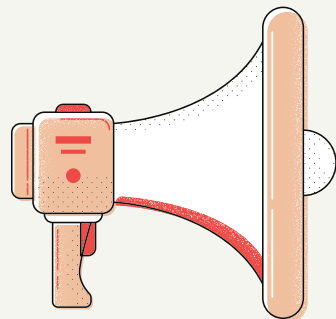
**ALL PARTICIPANTS WILL BE REQUIRED TO...**

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## **Create and post**

A brief article, pictures, videos... about **your experience** in the mobility on their sending organizations' Social Media



## **Multiplier effect**

Share with us how, when, where and what **knowledge** obtained in the mobility did you implement /disseminate in your local community.

# Do you still have any question?

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**Please send us an email to**  
**[accionsocialporlajuventud@gmail.com](mailto:accionsocialporlajuventud@gmail.com)**

